

*P*ROCLAMATION

WHEREAS, across New Jersey, the conditions in which we live, work, and age in combination with wellness, particularly rising obesity rates and decreasing physical activity, impacts our overall health; and

WHEREAS, the New Jersey Health Care Quality Institute's Mayors Wellness Campaign, in partnership with the New Jersey League of Municipalities, recognizes that Mayors and other local leaders can be effective champions of community health and wellness; and

WHEREAS, the goal of the Mayors Wellness Campaign is to improve the health and wellness of New Jersey communities like the Borough of Watchung in the County of Somerset, State of New Jersey; and

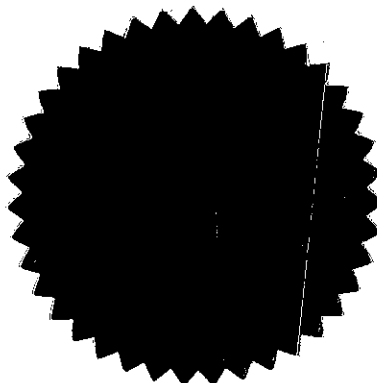
WHEREAS, the Mayors Wellness Campaign provides communities with technical assistance, evidence-based resources, and other support to implement community health and wellness improvement initiatives; and

WHEREAS, the Borough of Watchung cares deeply about all of its residents and the future health and wellness of its community members; and

WHEREAS, the Mayors Wellness Campaign will work to implement a comprehensive program to create and sustain local activities to improve wellness in Watchung.

NOW THEREFORE, BE IT PROCLAIMED, I Keith S. Balla, Mayor of Watchung, along with Members of the Council ask that all residents of this community join us in supporting and actively participate in our local **MAYORS WELLNESS CAMPAIGN** and that we encourage all residents to work towards living healthier lives and improving the health and wellness of our community.

DATED: APRIL 21, 2022



Keith S. Balla

Keith S. Balla, Mayor