



Youth Mental Health First Aid Training Community Resource Guide

In the event of a medical emergency, call **9-1-1**.

NJ Suicide Prevention-NJ Hope Line: **1-855-654-6735**

National Suicide Prevention: **9-8-8**

Children & Youth Substance Use Treatment Services: **1-877-652-7624**

Behavioral Health & Developmental Disability Services for Children & Youth Under Age 21

1-877-652-7624 www.performcaresnj.org

2nd Floor: Youth Helpline of New Jersey

www.2ndfloor.org | **1-888-222-2228 (Call or Text)**

National Eating Disorder Association

800-931-2237 (Call or Text)

Every county has a dedicated Screening Service for psychiatric emergencies, crisis intervention, and information and referral. **Find your county's screening center [here](#).**

Contact your County Mental Health Administrator or Alcohol and Drug Abuse Director for assistance seeking services locally. **The contact list can be found on the [NJ Human Services website](#).**