

# Watchung Hills Regional Municipal Alliance

## 2022 Great Pumpkin Certified 5K Run & 1 Mile Harvest Festival Fun Fitness Walk



WHRMA is a volunteer organization concerned about the consequences of  
DRUG & ALCOHOL ABUSE in our communities of:

Warren Township, Watchung Borough, Long Hill Township, & Green Brook Township.



DATE: Saturday	LOCATION:	ENTRY FEE due OCT 13 <sup>th</sup>
<b>October 22nd</b>	<b>WATCHUNG LAKE</b>	Received on or Before Oct. 13 <sup>th</sup> -
Run Registration 8:00 am	Phillips Field - Brookdale Rd	Run - \$25.00 Walk - \$15.00 Adult
Race Start: 9:00 am	Watchung, NJ	Walk - \$5.00 Kids 14 yrs & under
Walk Registration/Start	Mobus Field	Received After Oct. 13 <sup>th</sup> -
9:00 am or 1:30pm-3:00pm	<b>VIRTUAL - \$15</b>	Run - \$30.00 Walk-Same as above
		Adults-Register for in-person by 10/13 & receive a T-shirt. After 10/13-while supplies last

### 5K Prize Categories for In-person participants

Medals First, Second & Third Place Winners			Awards:
Women	Men	Youth	
15-19 40-49	15-19 40-49	Girls 14 & Under	Overall Adult Male & Female Winner \$50.00 gift certificate & trophy <i>In-person participants receive a goody bag</i>
20-29 50-59	20-29 50-59	Boys 14 & Under	
30-39 60-69 & 70+	30-39 60-69 & 70+		

**MAKE CHECKS PAYABLE TO:** WHRMA - Watchung Hills Regional Municipal Alliance  
**MAIL CHECKS AND APPLICATION TO:** WHRMA 46 Mountain Blvd., Warren, NJ 07059  
Questions call: Iris Alston or Alicia Carman at 908-753-8000 ext. 294

On-site & on-line registration available [www.runsignup.com/whrma5k](http://www.runsignup.com/whrma5k) or at [www.bestrace.com](http://www.bestrace.com)

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### THE WATCHUNG HILLS REGIONAL MUNICIPAL ALLIANCE 2022-5K RUN OR 1 MILE WALK REGISTRATION APPLICATION

Last Name		First Name	
E-MAIL Address			Gender <input type="checkbox"/> Male <input type="checkbox"/> Female
Home Address			Age as of 10/22/22
City/Town		State	Zip Code
Home #	Cell #		Birthdate
Activity: <input type="checkbox"/> Runner <input type="checkbox"/> Walker <input type="checkbox"/> Wheelchair <input type="checkbox"/> Donation			
Long Sleeve T-Shirt size (adult) <input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large <input type="checkbox"/> Extra large (IN PERSON ONLY)			

#### Acceptance declaration:

- I hereby acknowledge for myself and/or my participating child, that I, my child's or mine/their heirs, executors and administrators waive and release any claims that may arise against The Watchung Hills Regional Municipal Alliance or their representatives or volunteers, successors or assignees for any injuries that may be suffered by me or by my child during this event.
- I further certify that I and/or my child are physically able to participate in this event.
- I further authorize the use of my name/photo or my child's name/photo for event publicity.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature (Parent/Guardian signature if under 18)