Need Help Finding YOUR Calm After the Storm?

RWJBH IFPR Hope and Healing Ida Program offers emotional support services, education, and community based resources for individuals and families affected by the aftermath of the Ida Storm.

The program aims to assist those impacted by the Ida storm to better navigate new experiences, mitigate stressors, review options and find strategies to adapt to challenges. We provide connections to agencies, programs, and other resources in the community.

Get reliable timely information from credible sources:

- Emotional Support
- Housing Referrals
- Food Bank/Pantry Contacts
- Tools to Improve Wellness
- Community Connections

We are here for you and your families. Please contact us at:

Hopeline # 833-795- HOPE (833-795-4673)
Email: hopeandhealing@rwjbh.org
Visit: rwjbh.org/hopeandhealing