

The Great Pumpkin Certified 5K Run & Family Fun Fitness Walk


IN-PERSON & VIRTUAL OPTION AVAILABLE



Hosted by Watchung Hills Regional Municipal Alliance

WHRMA is a volunteer organization providing DRUG and ALCOHOL ABUSE prevention programs

to our communities of: Warren Township, Watchung Borough, Long Hill Township, & Green Brook Township.

DATE:	LOCATION:	ENTRY FEE: Due by Oct. 8
Saturday, October 23rd	WATCHUNG LAKE	Paid by Oct. 8 th , T-shirt for:
Race start: 9:00 am	 Brookdale Road Watchung, NJ Phillips Field Mobus Field VIRTUAL - \$15	<ul style="list-style-type: none"> In-Person Run - \$25.00 Walk - \$15.00/Adult Walk - \$5.00/14 yrs & under After 10/8, T-shirts, if available
On-site registration 8:00 a.m. Walk start: 9:00 am or 1:00pm-3:00pm		<ul style="list-style-type: none"> Run - \$30.00 Walk - Same cost as above

ONLINE PRE-REGISTRATION AT: www.runsignup.com/whrma5k OR www.bestrace.com

MAKE CHECKS PAYABLE TO: WHRMA (Watchung Hills Regional Municipal Alliance)

MAIL CHECKS & APPLICATION TO: WHRMA, 46 Mountain Blvd, 2nd Fl, Warren, NJ 07059

Questions? Alicia Carman 908-753-8000 ext.294 WHRMA@warrennj.org

or Jack Walsh jackwalsh1961@gmail.com 908-561-8883



5K Prize Categories FOR IN-PERSON

Medals for First, Second & Third Place Winners in multiple age ranges and gender groups	Overall Male and Female Adult Winners Win a \$50.00 gift certificate & trophy
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<p>WHRMA Great Pumpkin Certified 5K Run and Family Fun Walk Saturday, Oct. 23, 2021 at Watchung Lake's Phillips Field, Watchung, NJ Registration @ 8:00 am Race/Walk start @ 9:00 am Mobus Field – Family Fun Walk registration/start @ 1:00 pm – 3:00 pm Pre- register at www.bestrace.com or at www.runsignup.com/whrma5k Call 908-753-8000 ext. 294 or 908-451-2220 Proceeds benefit community drug & alcohol abuse prevention programs.</p>	<p>WHRMA Great Pumpkin Certified 5K Run and Family Fun Walk Saturday, Oct. 23, 2021 at Watchung Lake's Phillips Field, Watchung, NJ. Registration @ 8:00 am Race/Walk start @ 9:00 am Mobus Field – Family Fun Walk registration/start @ 1:00 pm – 3:00 pm Pre- register at www.bestrace.com or at www.runsignup.com/whrma5k Call 908-753-8000 ext. 294 or 908-451-2220 Proceeds benefit community drug & alcohol abuse prevention programs.</p>	<p>WHRMA Great Pumpkin Certified 5K Run and Family Fun Walk Saturday, Oct. 23, 2021 at Watchung Lake's Phillips Field, Watchung, NJ. Registration @ 8:00 am Race/Walk start @ 9:00 am Mobus Field – Family Fun Walk registration/start @ 1:00 pm – 3:00 pm Pre- register at www.bestrace.com or at www.runsignup.com/whrma5k Call 908-753-8000 ext. 294 or 908-451-2220 Proceeds benefit community drug & alcohol abuse prevention programs.</p>	<p>WHRMA Great Pumpkin Certified 5K Run and Family Fun Walk Saturday, Oct. 23, 2021 at Watchung Lake's Phillips Field, Watchung, NJ. Registration @ 8:00 am Race/Walk start @ 9:00 am Mobus Field – Family Fun Walk registration/start @ 1:00 pm – 3:00 pm Pre- register at www.bestrace.com or at www.runsignup.com/whrma5k Call 908-753-8000 ext. 294 or 908-451-2220 Proceeds benefit community drug & alcohol abuse prevention programs.</p>
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